

FACILITATION TECHNIQUE	Time capsules
CORE PURPOSE / FOCUS	#support creativity
PHASE	#energizer #ice-breaker #warm-up
SKILL / CONTENT	#creativity
TIME FRAME	Up to 30 minutes
GROUP SIZE	1-5 / 6-15 / 16-30 / more than 30 persons
FACILITATION LEVEL	Beginner
COMFORT ZONE	Safe

Introduction

Time capsules are pretty great tools to see how students grow and change through the year.

Necessary tools (what you need)

- Pick a videoconferencing tool of your choice.

Steps

1. First, prepare the open-ended questions considering the age of your students. Here
2. Prepare the time capsule template for your students. The basic one should consist of 3 parts:
 - *I want to achieve this:*
 - *By (when):*
 - *I will do this to stay focused:*
3. Be creative, it should be attractive to kids/students, so use the knowledge you already have about your class and consider their age.
4. The kids/students can either print this out at home, or use it online.
5. Set the “By” part of your time capsule, for example, what do the kids/students want to achieve in 1 month. It could be anything: read a book, finish a tough school project, improve the grades in any subject...
6. Now have the kids/students fill in the other 2 parts on their own. Ask them to fold the paper or save the document in case you are doing this completely online.



7. After 1 month, open the files with the students and have them evaluate whether they met their goal or not. If they have not manage it, ask them why they think it happened.

Tips & Tricks

- If your students are more experienced with the online tools, they could choose another forms, like videos, presentations... instead of filling in a template.
- You can choose whatever time period you find appropriate for this exercise. It could be even the whole school year or the summer holidays.

Source

<https://www.whatihavelearnedteaching.com/virtual-icebreakers-for-back-to-school-with-distance-learning/>

